MASSAGE THERAPY
returns in February

Table & Chair massage services return to the Senior Center with Massage Therapist, Nicole Holdaway.

For appointments, reach the Senior Center Front Desk 303-688-9498

CHAIR MASSAGE

February 9th & 23rd
Beginning at 9:00AM
$20.00

TABLE MASSAGE

February 15th
$30.00

**** Reflexology TBD***

ESSENTIAL OIL FOOT MASSAGE
coming in March

Foot Therapy & Massage returns to the Center next month.

Keep watch for upcoming details.